

No Longer Tutors but Advocates

MiraCosta College

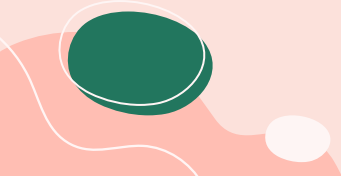
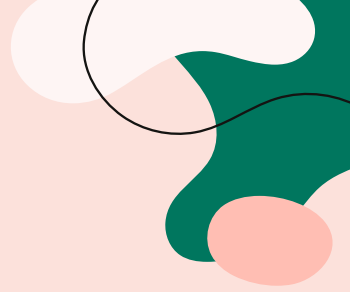
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What are basic needs?

Basic needs: items and services necessary to sustain life.

These include things like: food, housing, clothing, transportation, money, child care, mental health, technology, household equipment/furniture, safe drinking water, sanitation, health and education



Why do basic needs matter?

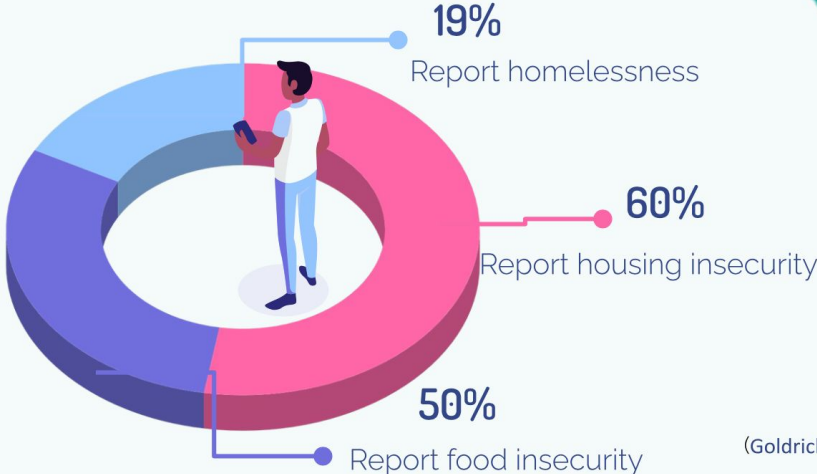


- Maslow's Hierarchy of Needs

How many students experience a lack of basic needs in California?

BASIC NEEDS: STATEWIDE

Almost 40,000 California Community College students were surveyed from 57 community colleges. Many disparities reported amongst Black and African American students as well as LGBTQI students:



(Goldrick-Rab, S., Baker-Smith, C., Coca, V., & Looker, E., 2019)



Campus Resources Should be shared with Students

We suggest for writing consultants to become familiar with resources that their college offers to help meet students' basic needs

Mental Health Resources

Resources to aid Students with Food Insecurity

And More!





When to Share These Resources with Students



Students disclose information about food insecurity or mental

health issues (anxiety, stress, depression, ...)



Students bring up the topic of food insecurity or mental health

in their writing



How to Share These Resources with Students



Post flyers around the Writing Center

Share their website if your Writing Center is operating online

Use appropriate language when sharing these resources

Useful language to use when you are sharing Resources with students

“I got an email about the Farmer’s Market at the Oceanside campus, they have free food for students....”

“I’m volunteering at the Farmer’s Market this week, they have free food for all MiraCosta students, feel free to stop by!”

“I forgot to bring a snack today and I’m gonna stop by the food pantry, do you want to come with me?”

“By the way MiraCosta has lots of resources, one of them is the food pantry ...”

“Our college has lots of mental health resources that are free for students. If you are interested, I can email you their information/ share their website.”

“If you ever need someone to talk to, I would love to walk you to mental health services/ share their link in the chat.”

“I don’t know much about that, but Devon in Basic Needs office has connections to a lot of community resources. Would you mind I If send him an email to ask about that?”

Training Examples

Food Pantry

General Information:

- **LOCATIONS:** There is food pantries on all three campuses: Community Learning Center (CLC300), San Elijo (SAN943), Oceanside.
 - The main pantry is on Oceanside Room 3306
- **TIMES:** Open everyday
- **TYPE OF FOOD AVAILABLE:** Snacks and entree items (depending on availability).
- **WHO HAS ACCESS:** Students, faculty, and staff.
 - Students will need to input their student ID number and answer a few questions on GoogleForm to check-in to the food pantry.



WHAT IS CALFRESH?

- 01** "CalFresh (federally known as the Supplemental Nutrition Assistance Program) provides monthly food benefits to income-qualifying families and students. Eligible individuals receive free money for food" (MiraCosta, 2021).

HOW TO FIND OUT MORE INFORMATION?

- 02** If a student is interested to find out more about this resource they could contact the CARE Program or apply directly at www.getcalfresh.org.

CalFresh

At MiraCosta we provide new hire and ongoing training about basic needs and how to give this information to students

Citations

- Cherry, Kendra. “How Maslow's Famous Hierarchy of Needs Explains Human Motivation.” Verywell Mind, <https://www.verywellmind.com/what-is-maslows-hierarchy-of-needs-4136760>. (photo slide 4)
- “Joint Civil Society - Business Advocacy Is Emerging as a Powerful Tool to Drive Policy Change in Support of the Sdgs.” Business Fights Poverty, 30 Jan. 2019, <https://businessfightspoverty.org/joint-civil-society-business-advocacy-is-emerging-as-a-powerful-tool-to-drive-policy-change-in-support-of-the-sdgs/>. (photo slide 2)